

Love Spell:

Needed for this spell is a red candle and a crystal.

I call on forces higher than I,
To awaken the dreams that I hold in inside
Through this connection that knows my need
I ask for love's enchantment with all speed.
May this work for me in the most correct way attracting
the love I need today....
I call on thee in perfect love & trust working
with me sending what's just...
Harming none and helping all is how it
Shall be
This I make true 3x3x3.

This spell is bested begun when the moon is waxing,
but if you cannot wait that long go ahead and do it.
Take a photo of your lover and a photo of yourself.
Using a paper clip, hook the photos together so that the faces
are on top of each other.
The idea is that the person cannot see past your face.

Take the photos and place them at the bottom
of your underwear drawer.
The person should soon write, call, or reappear.

LOVE SPELL:

You will need:
A sampler size of your favorite scent
A pink candle
First carve a heart in your candle with a tack or toothpick. Light the candle
in a window where it will receive moonlight (full moon light is best).
Put the scent container in front of the candle and say:
Venus, grant me the love that I lack;
Through this scent, my mate attract!
Let the candle burn out naturally, then carry the scent with you, spraying on
a little whenever you are out or may be meeting people. Increase the power of
the magic by repeating the invocation as you put on the scent!

Money Spell:

(Said while making 9 knots in green, 13-inch silk cord or ribbon)

By knot of one, my spell's begun
By knot of two, plenty fruitful work to do
By knot of three, money comes to me
By knot of four, opportunity knocks at my door
By knot of five, my business thrives
By knot of six, this spell is fixed
By knot of seven, success is given
By knot of eight, increase is great
By knot of nine, these things are mine

Supplies:

1 green candle
6 coins
a green pouch or cloth
cinnamon

Create a circle with the coins around the candle.
Light the candle and chant 3 times:
Money flow,
money grow,
money shine,
money mine!

Sprinkle the bag or cloth with cinnamon and collect the
coins and place them inside. While doing this chant:
Bring me money 3 x 3.
Keep the pouch or cloth with you for awhile.

Well Being Spell:

When you have been sick, but are beginning to feel better, this is a good spell to cast. It is energizing and will leave you feeling healthier than when you began. For periodic maintenance, you may want to use the spell twice a year.

Things you will need:

1 white or pink image candle

powdered rose petals

push-pin thumbtack

Star Oil (see below)

Carve your name, or that of the person for whom you are casting the spell, onto the candle. Anoint the candle with the oil and sprinkle with powdered rose petals. Raise energy and focus on general well being as you charge the candle. Burn under the waxing moon, chanting:

Earth, Air, Fire, Water

Peace, Health, Joy, Laughter.

Peak the energy and let it fly out to the universe. Let the candle burn completely.

(If you use runes you may also carve Sigel, Flame, and Caduceus in the wax before anointing the candle with oil.)

How to make Star Oil:

1/4 ounce almond oil

10 drops lemon oil

7 drops jasmine oil

7 drops rosemary oil

17 drops chamomile oil

5 drops sandalwood oil

Wishing Spell:

Take any large bowl. Drip a few drops of different colored candle wax in the bottom of the bowl, then adhere a white candle to that spot. The different colors represent diverse needs and goals, while the white binds this variety together in harmony. Each morning, light the candle when you get up and put a coin in the bowl. Make your wish for the day. Blow out the candle before you leave the house.

Whenever you desperately need to have a wish fulfilled, remove a coin from the bowl and either plant it in rich soil or throw it into moving water so that your message of need will be carried through the earth. When the bowl is filled with coins, use all but a few (these "seeds" always remain in your bowl) for random acts of kindness, like getting treats for the neighborhood kids or helping a homeless person. Your generosity will return to you threefold to keep the magic of benevolence, both mundane and divine, with you always.

Banishing Spell:

This candle I see before me, its color so bright,
holds my needs of change in its light...

I call in the forces higher than I to release the energy that is held inside..
May it work for me in the most correct way,
harming none and helping all as it leaves my stay..
I call on thee in perfect trust and love sending me guidance from above..
This I make happen and so be it will. Take away this thing that brings me ill.
So mote it be.3x3x3

Protection Spell:

"By the dragons light,
on this (month) night,
I call to thee to give me your might,
by the power of three,
I conjure thee,

to protect all that,
surrounds me,
so mote it be,
so mote it be!

TO PROTECT AN OBJECT:

With the first and middle fingers, trace a pentagram over the object to be protected. Visualize electric-blue or purple flame streaming from your fingers to form the pentagram. Say this as you trace:

"With this pentagram I lay
Protection here both night and day.
And the one who should not touch
let his fingers burn and twitch.
I now invoke the law of three:
This is my will, so mote it be!"

PROTECTING ITEMS FROM OTHERS:

Have a bowl of water, a bowl of salt, and one of those cheap misters you can get in the drugstore. Put candles in the four corners and light them.

Cast a circle and Call the Corners. Then Hold your hands over the bowls of water and salt, and allow your magic to flow through your arms onto the objects, surrounding them with protective light.
Say:

Protect from prying eyes
What only I can see
Protect from prying eyes
These magic things of me
Make a veil of mystic worth
Protect this magic (whatever your object is)'s hearth
Let our lines be blurred
Blended smudged and slurred
Only my eyes can see
The secrets which entrusted be

Then hold your hands over the water, and say:

I consecrate this water for protection
In the name of the Lady and the Lord
so mote it be!

Then hold your hands over the salt, and say:

I consecrate this water for protection
In the name of the Lady and the Lord
so mote it be!

Then put the water and salt into the mister and lightly mist your object(s) your personal belongings are protected!

EYE COLOUR CHANGE SPELL:

In a dark place, or at night, set two parallel rows of candles, with the space of your outstretched arm, for about 20 to 30 feet, about a foot between candles. they must be white candles, fresh and never used before. after the approximately 20 feet, make a circle of candles, with circumference the same as the width of your arms outstretched. the circle must be southern most.

Light all the candles except a few between the "path" between rows. hold with you a white candle, lit, same as the others. you must also be wearing all white clothes. light the candles, and after doing so, kneel before the path, to the south, and ask for a blessing

from the gods for your spell.

Walk with the lit candle slowly until you get to the circle, stepping over the unlit ones, turn, now facing the north, and light the candles that were unlit. (ideally 3 there) blow out the candle in your hands, and look at the smoke it makes, feeling your old eye color float away with it. you can sit or stand at this point, in whatever direction feels comfortable.

Close your eyes, and feel with your spirit all the candles of the circle, and the path. focus the light in your eyes, and shift it to the color you want your eyes. when you feel the color staying, and a feeling of completeness, open your eyes. blow out the 3 candles to your north, and exit the circle.

Use the candle that you walked with to relight the 3 candles, and blow it out once more. walk down the path feeling the power around you, until you get out of the path. kneel once more to the south, and thank the gods for their attendance, and one by one, in the order you lit them, extinguish the candles.

HAIR COLOUR SPELL:

Ingredients:

3 orange candles (change and attraction)

or red candles (energy and attraction)

Hand mirror or free-standing mirror

On a Friday during the Waxing Moon, Gather the ingredients above and go to a place where you can be undisturbed for at least 15 minutes.

Light the three candles and place them in a triangle shape upon your altar. Allow yourself to become calm and centered. When you feel ready, place your hands over your hair and

close your eyes. Visualize the color of your hair fading and fading, becoming white as the color drains from it. Hold the color within your hands. Slowly lower your hands above the candles and focus it into their flames. Allow the color to transform within the flames, becoming your desired hair color. Hold your hands over the flames and soak up the energy. Place your hands over your head again and allow the color to return to your hair, turning it the color you desire. Say the following charm:

Fire warm and Fire red,
Charm the hair upon my head.
Fire dance and Fire shine,
From _____ to _____, this wish is mine.
As I will, it now shall be,
By Fire, Water, Wind, and Tree.

With this, open your eyes and look at your reflection. If your hair has changed, it will last only a couple of minutes, or more, depending on how much energy you put into the spell. If the spell was not successful the first time, try it again another night. It takes much practice and ability to focus energy for this spell to be truly successful.

BEAUTY SPELL:

Rose quartz
6 rose petals
Bottle of witch hazel

Look at your face and all its flaws. Visualize your face changing into the face you want. Rub the stone lightly over the problem areas and chant:

Stone of beauty, stone of love
Erase imperfection as I rub.
Bring to me the face I see
As I will so mote it be!

Open the bottle of witch hazel and insert the stone. Take the rose petals in your dominant hand and say:

Venus, One of beauty rare.
I offer you these petals fair.
Bless them with your loveliness
And bring the beauty I request

Rub the petals over any line, wrinkles etc then drop them in the witch hazel. Cap the bottle tightly and give it six shakes each day for a week. At the end of the week, use it every day as a toner after face washing. As you apply it say:

Imperfections, go away.
Beauty of Venus, come forth this day.

INVISIBILITY SPELL:

Close your eyes and imagine a sphere of white light around you. Then imagine that the light starts to get blurry. It then takes on the colors and shapes of the environment around you. You fade into the light, becoming a part of it, until you completely disappear into the camouflage of the circle of light around you.

INVISIBILITY SPELL:

Items Needed:

- * 1 part Fern leaf, dried
- * 1 part poppy seed

- * 2 parts slippery elm powder
- * 1 part Myrrh
- * 1 part Marojoram, dried
- * 3 parts Dillweed, fresh if possible

Grind all together, mix well. Add 9 drops almond extract, with enough spring water to make everything barely moist. Place in ceramic bowl spread thinly as possible and dry the mixture over low heat, stir occasionally until lightly browned. Grind again chanting: Things seen, and things not seen, let me walk here between.

When finely powdered store in glass container. it will keep for years. Sprinkle a little bit on yourself, objects or in a place to be made invisible.

BINDING OBJECTS:

Binding is a practical example of how a normally harmful and strictly "hands off" form of magic can be an effective and perfectly harmless magical procedure. If a friend wants to borrow something, and you feel hesitant in letting the object out of your hands, but you must, take the object (if it's something small enough to move around and hold) and a cord. Bind the object to your body -- literally, physically tie the object to yourself. Stand or sit a few minutes, visualizing yourself receiving the object back from the person you are loaning it to. Afterward, cut the cord (do not untie the knot!) and loan the object out, assured you'll once more have it in your possession. If the object is too large, such as a car, take a piece of cord, tie your hand or arm to a piece of it (such as the steering wheel, antenna, and so on) and proceed as above. Put the cord in a safe place until the object returns.

Binding Spell

You will need:

One glass jar with lid

Photograph or personal item of person you want to bind

One white ribbon

Sea salt

Canning wax

Wrap the photo or item with nine knots of white ribbon, as you do, envision the person leaving in peace. Each time you make a knot, chant "I bind you (person's name) so you can harm none, not even yourself".

Place the photo or item in the glass jar. Say "I bind you with all the power of the great Mother" and cover the item with sea salt.

Melt the wax and pour into the jar and say "I bind you from this day and forever". Seal up the container and bury it in the north end of your yard. Tell no one what you have done.

BINDING OF THREE:

1. Gather the three of you together.
2. Call the quarter, or elements (whichever you prefer)
3. Give honor to the Goddess, Queen of Heaven and Earth.

Now say the following:

We give honor and thanks to the Great Mother Goddess, creatures of all life, sustainer of the universe, protector of the innocent, originator of all love.

Mother, Queen of Heaven and Earth

Goddess of laughter and of mirth

Hear your daughters' voices three

and bind us with love and unity. So Mote It Be.

Binding Spell

The purpose of this spell is to rid yourself of the negative energies of someone who is mentally or emotionally abusing you. If done properly, it will not harm the object of the spell nor will it affect his or her daily life in any way. It will simply make the person powerless to mentally or emotionally harm you.

Materials:

Small cloth doll, leave the head unstitched until you are ready to begin the ritual

Needle and thread

Some personal item from the person you want to bind (fingernail clippings, hair, handwriting sample)

Black ribbon

Black candle

Cauldron or other fireproof container

Sterilized needle

Piece of paper and pen
One candle at each quarter (optional)

Ritual:

Call the quarters - Place candles at each quarter to form a circle of fire for extra protection. Light the black candle Concentrating deeply on the person you are binding, place the personal object inside the head of the doll and sew it shut. Tie the black ribbon around the puppet's head, signifying the binding of that person.

Say the following:

"With harm to none, my will be done I hereby bind you (name of person)
Your words cannot harm me
Your thoughts cannot harm me
You cannot harm me"

Continue chanting this until you feel power surging through you. Visualize the person helpless to slander or verbally and mentally abuse you while you are chanting. Now, to bind the spell - If you have a vigil or a Craft name, sign it on the small piece of paper. If not, sign your own full name. If others are working the ritual with you, they too should sign the paper. With the sterilized needle, prick one of your fingers and put a small drop of blood over your signature. Again, if others are working with you, they should place a drop of blood over their signatures. Fold the paper, light it on fire and drop it into the cauldron. Meditate on the flames until the paper completely burns away. If you are working with a group, join hands at this point and feel the power surging around the circle as the spell is bound. Ground and center release the circle. Thank the Goddess and God for their protection and power Bury the doll as far away from you as possible within the next few days.

CANDLE BINDING:

Get a large white candle, the kind that drips wax, and set it up on a tray. Affix it to a photograph or other image of the person you wish to bind. Make a ring of sea salt around it. Make a second ring with protective herbs. Fill the rest of the tray with images that represent what you are binding the person from: pictures of your family, keys to your house, legal documents, whatever. If the problem is too complex for images, write what the person is bound from on slips of paper and place them around the candle. Papyrus, or paper made from cotton or linen work best for this. Use red ink if you are angry, purple ink if you are sad.

Wrap the candle and the image with black thread. Invoke Isis and Linda, the Binder with Linen Thread. Say out loud what you are binding the person from. Light the candle and leave it to burn until the wax begins to drip over the thread and image. Burn it every day for a week, until the image is thick with wax. Use this as a meditation device to direct your will to binding the person.

ODIN'S BINDING: BINDING + TRANSFORMATION:

This is a major spell, one that should be reserved for the most serious problems. Imposing your will on another is not something we normally do.

This spell is not meant to punish the person it binds, it is meant to help them. You cast it out of necessity and compassion, not in anger. It is designed to stop the person dead in their tracks, freeze them from doing harm to them self or others and give them pause, a clear space in which positive transformation can occur.

You need:

A puppet - any sort of puppet is fine, in the correct gender if possible. Personalize it in some way to the person you will bind, such as embroidering their name on it or affixing a picture of them to the puppet's face. I like to use a human shaped candle with the person's name written on it or carved into the wax.

Two candles, black ones if possible

Black thread

Incense (copal, fumitory, sandalwood and frankincense are good, but use whatever you can get)

An image of the person, or something connected with them. If you don't have anything,

write their name on a piece of paper.
A healthy, living tree

Gather everything (except the tree) where you will cast the spell. Light one candle and the incense, cast a circle in your usual way. Bind the puppet with the thread, wrapping it around and around, making knots whenever you feel they are necessary. Speak to the person as you do this, telling them specifically why you are binding them and what you are binding them from. Leave a long piece of thread hanging from the puppet. Tie 9 knots in this. Drip molten wax on the bindings, to seal them. Use wax to seal any body parts you are binding, such as the hands of someone who beats his wife or kids, the crotch of a sexual predator, or the mouth of someone who is verbally abusive. Close the circle and ground power.

Leave the puppet on the altar, touching whatever you are using to connect them to it, until the candle and incense have burned out. Take the puppet and use the thread to tie it upside-down to a tree - an indoor tree will work as well as an outdoor one. Make the 5-fold bond, if it is possible to do this with the type of puppet and bindings you have used (as in the classic tarot card of the Hanged Man).

Say the following:

'I ween that I hung on a windy tree,
Hung there for nights full nine;
With the spear I was wounded, and offered I was
To Odin, myself to myself,
On the tree that none may ever know
What root beneath it runs.'

Leave the puppet on the tree for nine days. Recite the poem to the puppet at least once each day, sending the person strong thoughts about the changes you want them to manifest. Send them compassion, send them enlightenment. Hold a mirror up to the puppet while you recite the poem if you want them to 'see' what they have done. Yell at the puppet if you have anger you need to release. This spell should be therapeutic for you too.

Take the puppet down on the ninth day, leaving it bound. Light the second black candle and drip its wax all over the puppet. Speak to the person while you do this, telling them whatever you think they need to hear. As soon as the wax sets, get the puppet out of your house and into the trash. Do not bury it.

If the tree shows signs of growth afterward, that is a good sign the transformation part of the spell is working. If it's spring and the tree was going to bloom anyway, more than the usual number of blossoms would be a good sign.

BINDING AN ENEMY:

Gather cobwebs from your house. Place them all a tangle upon a black cloth. Procure then a fly, recently dead, and set it down upon the mass of webs. These words should then be written down on paper:

"North, South, East, West
Spider's web shall bind him best
East, West, North, South
Hold his limbs and stop his mouth
Seal his eyes and choke his breath
Wrap him round with ropes of death."

Fold the paper 4 times and wrap it, the fly and webs in the black cloth, forming a small bag. This should then be bound up with the end of a long cord and suspended from a hook in a dark corner of the home. Do not disturb it, but let it hang until it is thickly covered in dust. Then take down and bury it in the earth to work its influence in perpetual secrecy.

HEALING SOMEONE IN YOUR FAMILY:

Prepare an envelope from a square of paper that you have folded - If you do not know how to do this, you can use a very small letter envelope. On the envelope write the word "Health". Then write the name(s) of the person you are directing the healing toward.

Enclose the following herbs into the envelope:

Angelica, Burdock, Galangal, Horehound, Elder, Lavender, Lemon Balm, Mandrake, Root, Rose, Rue, Sassafras, and Yellowdock.

Chant the following:

I charge these herbs to aid my spell,
that _____ (name of person) will be well,
That by free will that can be blessed,
with total health and happiness,
I ask the Goddess to hear my call,
that it may be correct and for the good of all.

Pass the envelope through your altar candle and catch the envelope on fire. Focus on the smoke and visualize the energy blowing with the smoke toward those in need. Allow the envelope to burn completely

I call upon a breath of wind,
Empowered by the Spirit of Air,
To carry my spell toward my kin,
and gracefully deliver it there.
By all the power of three times three,
this spell bound around shall be,
To cause no harm, nor return on me,
As I do will, So mote it be!

TO HEAL A FRIEND OR RELATIVE:

You Will Need:

Purple paper ,
White yarn or string
A pair scissors ,
Fresh violets (whole, with stems),
Black pen
A purple candle,
A small vase or holder (for flowers)

This spell is for healing a friend or family member. It is best done when the moon is full, but you can do it whenever you feel it necessary.

Light the candle and fill the small vase with water. Place the freshly cut violets in the little vase and say a chant, focusing on the well being of the person and the healing of their ailment.

Cut a heart out of the purple and write the name of the person on one side, and a short but heartfelt "Get Well!" message on the other side. Poke a small hole in the top right side of the heart and thread the white string through it, tie it, and attach it to the vase.

Give the little vase of violets to the target person and await their recovery.

TRUTH SPELL:

Materials: Thyme, A Red Candle, and a Herb dish.

Pour the thyme into the herb dish and say-

*Purification I do conjure,
So that thoughts be spoke,
No be pondered*

Light the candle and say-

*Passion so red,
Set to the fire,
Let the truth be said,
As is my desire*

Drop red wax onto the herbs and say-

*Mists of thyme,
Fire of red,
Send the truth to my head*

Now go to your front door and release the herbs to the wind. You shall let thyme fly and

receive the truth.

TO LEARN THE TRUTH:

Light alter candles.

Light Incense.

Think hard on the subject about which you wish to learn the truth.

Light petitioners candle. A candle representing yourself. And say:

"This candle I light to represent myself. It burns as does the spirit. It is as myself in all things.

Light 2 white candles and say,

" These are the symbols for truth. They are enjoined about (your name) and to me show all truth.

Then say:

"As I roke in the night 'cross the brown heath bare,
In the bright moons light saw a castle fair;
Lords and ladies, great and small,
Where crowding in, 'twas a festival,
Grasses in the wind are waving.
They bade me welcome and I went
To drink their wine to my heart's content.
I danced and laughed with the ladies fair.

Ne'er in my life had I such cheer;
Grasses in the wind are waving.
Then all at once there came a cry:
Haro by yaro! Asleep fell I,
While a lady dancing at my side
Seemed like a lizard away to glide;
Grasses in the wind are waving.
I woke in the early light of day,
In an olden ruin I did lay,
O'er the rock and into the sun
I saw a green-gold lizard run!
Grasses in the wind are waving.
Now the truth I know and it stays with me,
For I have seen what I did see,
All secret knowledge came to mind,
Borne on laughter of the other kind;
Grasses in the wind are waving."

Sit there in quiet contemplation for half an hour. In this time will the truth of the subject in question come to you. Extinguish candles

SPELL TO SEE THE TRUTH:

To see the truth,
To know the way,
I cast a spell in every way,
By the power of three,
I conjure thee,
To give thy truth
unto me.

BREAKING A CURSE:

On the first night of the waxing moon, gather the following ingredients:

a square of black cloth a little larger than your hand.

1 tablespoon of curry

1 tablespoon of dill

1 tablespoon of vervain

1 tablespoon powdered ginger

1 consecrated black candle

paper and black ink pen

1 black string, knotted nine times

On paper, write the full name and birth date (if known) of the person who has cursed you.

Place the paper in the center of the bag. One at a time, add the herbs, covering the slip of paper. Next, take the lit candle and drip 5-10 drops of wax over the paper and herbs.

Visualize the person who has cursed you and say their name aloud three times while tying the bag shut with the knotted string. The final step is to bury the bag someplace on the property of the person who cursed you. The bag must remain there undisturbed until the next waxing moon. At that time, dig up the bag and burn the contents. This will weaken that person's power (usually until the night of the full moon) and the curse

REMOVAL OF A SPELL:

Items : 3 cloves of garlic – water

Ritual : With water, grind the garlic into a paste. Rub the paste on the soles of the afflicted person's shoes, and on the front step of his(her) home. Create a blessing with the Sun retribution Symbol invoking enlightenment and clarity. This will negate earth spells.

REMOVING HEXES / CURSES:

Materials:
Old Cooking Pot
Black Candle
Water

Get yourself an old cooking pot, place a black candle in the center, fill the pot with water until it is 2 inches below the wick of the candle. Light the candle and say:

"If truly hexed or cursed I am, let it break with quench of flame".

Then stare into the flame and see all the negative energy being drawn into it. When the candle burns down to the water level, and the flame sputters out, say:

"So mote it!".

Dig a hole and empty the water into it. Now bury the candle. It is done.

REVERSE A SPELL:

This is to be used to reverse a spell cast upon a person, and return the spell upon the one who cast it. **WARNING:** Because of the Law of Threes, depending on the strength of the cast spell, this could cause great harm to the original spell-caster. This should only be used in dire need.

You will need a cast iron cauldron, a pile of oak wood, some mistletoe herb, water and 2 - 5 pounds of salt.

Collect the hair, nail clippings or anything of the person upon whom the spell was cast.

Consecrate the ground and cover it with a layer of salt to prevent evil from interfering.

Pile the Oak wood and light it. Place what ever was collected from the person into water in the cauldron and boil. Add mistletoe and perform an incantation. The spell is reversed.

As with any spell work, it were best to perform the spell inside a cast circle for protection.

TO BREAK A SORCERER'S CURSE:

If you feel that a sorcerer or sorceress has placed a magical curse upon you, your home, or your family, perform this curse-breaking spell just before midnight on the last night of the Full Moon. Light a new white candle and burn any of the following incense in a fireproof container: cloves, frankincense, hyacinth, lilac, pine or sage.

Hold a lucky rabbit's foot charm over your heart and repeat the following incantation thirteen times:

"With rabbit's foot and magic verse
I turn around this wicked curse.
As these words of mine are spoken
Let this evil spell be broken."

Repeat this spell nightly (using a brand-new candle each time) until the phase of the New Moon. Wrap the leftover wax from the candles in a white piece of cotton and then bury it in the ground in a secret spot where it will remain undisturbed.

TO BREAK A VOODOO CURSE:

On a night when the Moon is in a waning phase, take a blood root (a favorite Voodoo root used for breaking all evil spells and hexes) and throw it onto the doorstep of the person who has placed the curse upon you. You will then be released from his or her magical power and the imprecation will immediately be turned back to the sender of the curse.

TO REMOVE A HEX / JINXED CONDITION:

Although it is relatively rare that someone is truly hexed, it does happen. Also, it is important to note that the mind has a very powerful effect on the body, so if you believe yourself to be hexed, in effect, you are...This spell will remove any hexed or jinxed condition, whether real or imagined.

Fashion a puppet out of white felt or other white material. Stuff the puppet with vetiver herb, and place on your altar. Inscribe your name on a purple candle and anoint the candle with an appropriate oil. Visualize as strongly as possible the hex upon you...feel its power and the strength it has had over you...Now take a handful of garlic powder and sprinkle it over the puppet, while strongly visualizing the hex/jinxed condition being broken. Put as much feeling and emotion into this process as possible...now relax...allow the candle to burn down completely. It is finished...the hex is broken...so mote it be.

Levitation Spell:

This is white magic, and it is interesting. If you have two friends over, have one lay on the floor face up. You and the other friend put your hands under them and start chanting:

"Light as a feather, stiff as a board." (repeat over and over)

Start very loudly, then get softer until you are saying it in your mind. Your friend will slowly start levitating.

SPEED UP TIME:

Draw a Pentacle on your left hand using a blessed red pen. Visualize a sand clock as you draw.

Now put your left hand on your forehead, or third eye, and say:

SANDS OF TIME SHOW ME THY WAY
TURN THE NIGHTS INTO DAYS
ROSE PETALS SO LIGHT AND GRACE
SPEED UP TIME NOW, IN THIS PLACE

The spell will last for 24 hours or until the pentacle is erased, naturally or washed, so don't try to get sweaty hands.

SLOW DOWN TIME:

Do the same you did in the other one but with a blue pen and in right hand, also do the visualization but with the sands falling slower, say:

CORE GO ROUND
POWER BE BOUND
INTERUPT THE NATURE'S COURSE
TIME SLOW DOWN
CAST THE SPELL SAIDTH THIS WORDS

The same rules apply to this one

Spell to bring Spirits:

sit in a circle and say the following:

west chant: obey these words of power

east chant: watchers of the threshold, watchers at the gate

north chant: unbar the guarded door

south chant: obey this command of this servant of power

Chant this three times.

The spell will bring the spirits of the world to you to serve as a guide to you and your coven.

Food Magic

Use your imagination to do each of the following. You may find it more powerful if, at least for the first time, you do each rite in numerical order, before trying the next. This needn't be all in one sitting.

RITUAL #1:

Everything in creation is made of the energy. Even something as seemingly lifeless as a rock is made of a living breathing -- yes, breathing -- dynamic energy. As you eat your meal, eat the food conscious of its raw power coming into you. Be specific: focus on just that most basic life force, nothing more sophisticated.

RITUAL #2:

And/or eat the food conscious of its power specifically as a product of the earth. EG: feel the power of the earth in the food entering you as you eat it, then the power of the sun in it entering you, then the power of recycled stars in it entering you. You may want to try imbibing each of these three specifics one at a time, then any other traits the universe gives to all food.

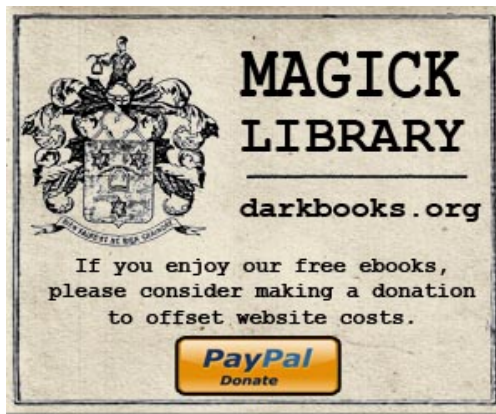
RITUAL #3:

A perfect mother, that's who the Goddess is. She does not judge us, nor condemn us. Her pleasure is to love us. Let your food fill you with Her love.

RITUAL #4:

Food for battle: whatever traits you need for battle, imagine the food giving them to you as you eat.

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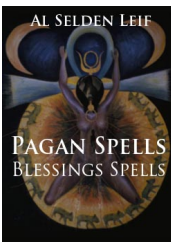
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